



The Sunday Encore

More News and Announcements from St. Francis de Sales Parish

Sunday, May 15, 2022
The Fifth Sunday Of Easter

Marriage Moments And Parenting Pointers: Food For Thought And Actions

Marriage Moments-“As I have loved you, so you also should love one another.” (John 13:34)
Easy to say. Hard to do. Remember that Jesus’ love for humanity brought him to the crucifixion. Ponder what each of you might sacrifice for the other this week.

Parenting Pointers-“These are the ones who have survived the time of great distress.” (Revelation 7:14) During these years of pandemic, you and your children have probably experienced significant changes and stress. Our whole world has. Share what has been hardest but also something positive you’ve learned from the experience.

Weekend Retreat With Father Michael Graham, S.J.

Join Fr. Michael Graham, SJ, former president of Xavier University, July 8 – 10, 2022 for a Men/Women’s silent Ignatian retreat modeled on the *Spiritual Exercises of St. Ignatius*. Fr. Graham will offer a series of presentations, reflections on Scripture, and methods of how to grow closer to our loving God. This retreat will include Mass, Reconciliation, Adoration, Stations of the Cross, Rosary, Spiritual Direction and time for private reflection. Embrace the silence and come to know the abundance of God’s love and mercy. The fee is \$275 and includes a private room and meals during your stay at the Jesuit Spiritual Center. For more information or to register, please call 513.248.3500 ext. 10 or visit www.jesuitspiritualcenter.com/graham

Living Laudato Si’ Eco-Tip Of The Week From The SFdS Parish “Green Team”

Ideas for gift giving:

The Easy One: Make cards instead of buying them or perhaps send an e-card.
Personalizing the care is a gift in itself.

The Challenging One: Wrap a gift in a paper bag and decorate it. Maybe use comic form the newspaper, etc. Re-use wrapping paper, boxes, or bags from prior years. You keep these don’t you?

This Week From U.S. Catholic Magazine

Please visit *U.S. Catholic Magazine* at www.uscatholic.org for this week’s read and other informative and inspiring articles:

New Vatican Constitution Will Create More Space At The Table: An Interview with Scholar Phyllis Zagano on the New Constitution and the Roles of Women in the Church

Health Information From Podiatry Associates of Cincinnati

Many patients may have neuropathy in their feet but don't know it. That's because the symptoms can vary greatly. All these signs can indicate neuropathy:

Numbness, prickling or tingling feeling in the toes or feet, burning, throbbing, or shooting pain, cramping, muscle weakness, feeling like you're wearing an invisible sock, or extreme sensitivity to touch.

There are many disorders and conditions that can result in neuropathy. The more common ones include:

Diabetes – this is one of the most frequent reasons patients develop neuropathy. Approximately 60% of diabetics experience a degree of nerve damage. In fact, for some patients, symptoms of neuropathy in the feet are what lead to a diagnosis of diabetes. **Medications and medical treatments** – chemotherapy and medications used to treat HIV/AIDs may have neuropathy as a side effect, as well as certain anticonvulsant drugs and blood pressure meds. **Alcoholism, Autoimmune diseases** – such as rheumatoid arthritis, celiac disease, and lupus, **Kidney failure, Vitamin and nutrition deficiency**

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“Love is dispossessed, all those who, living amid human injustice, thirst after justice. Jesus has special concern for them. Have no fear of being disturbed by them.”

Rule of Taize
Saturday of the Fifth Week of Easter
May 21

