The Sunday Encore



# More News and Announcements from St. Francis de Sales Parish

Sunday, November 6, 2022 The Thirty-Second Sunday In Ordinary Time

### Prayer For The Archdiocese For The Military Services, USA

Today is the collection for the Archdiocese For The Military Services, USA. Thanks to everyone for your generosity with this collection effort. The Most Reverend Timothy Broglio, J.C.D., the Archbishop For The Military Services, USA asks us to join in the following prayer as we take up this collection and the Military Services are called to our attention:

Almighty God and Father, look with love upon our men and women in uniform and protect them in their time of need. Give them health and stability and allow them to return to their loved ones whole and unshaken. Be with their families and sustain them in these uncertain times.

Grant strength and peace of mind to the Veterans who have given their best for the country they love. Support them in infirmity and in the fragility of old age. Teach us to remember their sacrifices and to express our gratitude

Manifest you tender care to those in the Military Academies who prepare for future service and to those who serve our Nation far from home. Teach us to remember the sacrifices of those whose efforts contribute to ensuing our way of life.

Bless and multiply the priests who minister to the faithful of the Archdiocese For The Military Services. Reward their generosity and keep them faithful.

Hear us as we present our prayers to You through Christ our Lord, Amen.

# Right Of Christian Initiation For Adults (R.C.I.A.) This Week

This Thursday (November 10) the topic for the parish R.C.I.A. program will be *The Mass: Why Is The Mass Important? The Eucharist Is The "Source And Summit" Of Our Faith Because It Is Christ Himself.* All are welcomed to attend. For more information please contact Al Cucchetti at 513/737-0691, or at <u>cucchetti1946@yahoo.com</u>

### Marriage Moments And Parenting Pointers: Food For Thought And Actions

Marriage Moments-"That the dead will rise...for to God all are alive." (Luke 20: 38) Thinking of your own or your beloved's death can be scary and depressing-but nobody gets out of this life alive! Take a sacred moment to shar with each other your fears and hopes for your own deaths.

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Parenting Pointers-"There will be powerful earthquakes, famines, and plagues from place to place." (Luke 21: 11) Sometimes scripture sounds like it is being written for our times. It can be scary for kids. One antidote is to let your children see you acting to relieve the suffering of others. Include them when possible.

Living Laudato Si' Eco-Tip Of The Week From The SFdS Parish "Green Team"

Ideas for the reduce use of plastics:

The Easy One:Keep vegetable bags for reuse at grocery.The Challenging One:Buy loose products (without plastic wrapping) as much as<br/>possible. Reduce frozen food that comes in plastic packaging. Buy<br/>fresh when possible.

# Why It's Important To Know Your Diabetes Risk

The Christ Hospital Health Network wish to inform the public of the statistics and signs of diabetes. Please consider the following facts:

More than one in 10 Americans — or 34.2 million people — have diabetes. Around one in three adults — 88 million American adults — have <u>prediabetes</u>.

These numbers show the reach of the condition. But just as troubling are the estimates of how many people have diabetes or prediabetes and don't know it yet:

Of the 34.2 million Americans who have diabetes, one in five don't know it. Of the 88 million US adults with prediabetes, more than 84% don't know it.

Are you at risk for diabetes? Do any of the following apply to you? The CDC says you're at risk for diabetes or prediabetes if:

\*You're African American, Alaska Native, American Indian or Hispanic/Latino American (some Pacific Islanders and Asian Americans are also at higher risk).

\*You're over the age of 45.

\*You're overweight.

\*You're physically active less than three times per week.

\*You have a family history of diabetes (a parent, brother, or sister with diabetes).

\*You have had gestational diabetes (high blood sugar during pregnancy) or given birth to a baby weighing more than 9 pounds.

If you have any of these risk factors, talk to your doctor. Ask them how you can manage your risk and if you'd benefit from a blood test to check for diabetes or prediabetes.

Signs of diabetes: Another way to monitor for diabetes is to watch for the following signs and symptoms of the condition:

\*Blurred vision \*Dry skin \*Excessive hunger \*Fatigue \*Frequent urination-often at night \*Numbness or tingling hands or feet \*Recurrent illness from common infections-such as yeast infections \*Slow-healing sores \*Unintended weight loss

# This Week From U.S. Catholic Magazine

Please visit *U.S. Catholic Magazine* at <u>www.uscatholic.org</u> for this week's reads and other informative and inspiring articles-

Both articles are posted on the homepage:

You Can't Have A Catholic Imagination Without Horror: Whether We're Talking Ghosts, Demons, Or The Devil Himself, Horror Shatters Our Secular Assumptions About What's Possible. By Matthew J. Cressler

In A Death-Denying Culture, Art Makes Mortality Real: Creativity And Cultural Expression Help Us Grapple With Life's Inevitable End. By Jeannine M. Pitas

# Elizabeth's New Life Center Opportunities

Elizabeth's New Life Center has been saving babies and changing lives for 33 years. We have an immediate need for employees in the Cincinnati area.

- 1. RN/RDMS to perform limited obstetrical ultrasounds
- 2. Consultant to work with women clients facing crisis pregnancies
- 3. Men's Consultant to mentor, coach and educate fathers
- 4. Community Relations Officer works with area organizations to ensure communities are aware of ENLC services.

For more information, please contact at <u>llantrip@elizabethnewlife.org</u> or telephone at 937/226-7414. Elizabeth's New Life Center, 2201 North Main Street, Dayton, Ohio 45405.

"Martin's worry about cooperation reminds us that almost nothing is either all black or all white. The saints are not creatures of another world: they face the same perplexing decisions that we do. Any decision of conscience always involves some risk. If we choose to go north, we may never know what would have happened had we gone east, west or south. A hypercautious withdrawal from all perplexing situations is not the virtue of prudence; it is, in fact, a bad decision, for 'not to decide is to decide.'"

> Leonard Foley, O.F.M. and Pat McCloskey, O.F.M. The Memorial of St. Martin of Tours, Bishop November 11